

la salud mental es un estado de bienestar mental que permite a las personas hacer frente a los momentos de estrés de la vida desarrollar todas sus habilidades aprender y trabajar

jul 24 2025 mental health mental health is an integral part of health it is more than the absence of mental illnesses it is the foundation for well being and effective functioning of individuals it includes

may 6 2025 the document is an opening commentary authored by dévora kestel director of the department of mental health brain health and substance use at the world health organisation it

dec 16 2025 leaders from across the world at the eightieth united nations general assembly unga have adopted the political declaration to combat noncommunicable diseases ncds and

soluciones efectivas para el desarrollo social con equidad las américas enfrentan una creciente crisis de salud mental con 160 millones de personas viviendo con trastornos de salud mental

sep 2 2025 more than 1 billion people are living with mental health disorders according to new data released by the world health organization who with conditions such as anxiety and depression

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