

Poder Y Destructividad En Psicoterapia

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this book shows how clinical psychology has been deliberately used to label control and oppress political dissidence under oppressive regimes and presents an epistemological and theoretical framework to help psychologists deal with the political dilemmas that surround clinical practice based on his own experience working as a clinical and community psychologist in venezuela for almost twenty five years the author recounts the controversial history of how the bolivarian revolution has used psychology to persecute and oppress political dissidents recovers the experience of doing psychotherapy under oppressive regimes in other countries and stresses the importance of developing an ethically and politically aware clinical practice the first part of the book presents the dilemmas psychotherapists have faced in different parts of the world such as the former soviet union usa china spain hungary argentina brazil uruguay and venezuela when dealing with the intrusion of the political domain in clinical research and practice and the difficulties clinicians have had in dealing with these issues the second part of the book presents an epistemological and theoretical framework from which these issues may be tackled effectively the book helps raise awareness of the risks of framing psychotherapy as apolitical as well as the benefits of thinking of our lives as contextualized in our political settings it draws from several theoretical options that have been useful to challenge traditional

clinical theory and include the political in our clinical comprehensions in particular latin american community psychology that has developed tools to favor awareness of political issues has been used to expand the psychotherapeutic conversation politically reflective psychotherapy towards a contextualized approach will help clinical psychologists psychiatrists and other social and mental health workers reflect on the challenges psychotherapy faces in a politically polarized society showing how the political dimension can be incorporated into clinical practice

llenando un vacío crucial en la bibliografía clínica este libro ofrece una visión contemporánea del narcisismo patológico y presenta un enfoque innovador de tratamiento los destacados autores exploran las dificultades especiales para tratar a pacientes ya sea con rasgos narcisistas o con un trastorno narcisista de la personalidad plenamente desarrollado que se retraen de la realidad para adentrarse en una grandiosidad narcisista poniendo con ello en peligro sus vidas y sus relaciones interpersonales los procedimientos de evaluación y las estrategias terapéuticas han sido adaptados de la psicoterapia focalizada en la transferencia tfp que es un tratamiento manualizado y basado en la evidencia para su aplicación originalmente al trastorno límite de la personalidad abundante material de casos ilustra la forma en la que la tfp n permite al profesional clínico implicar a los pacientes más profundamente en la terapia y ayudarlos a superar los problemas de relación y de conducta de diferentes niveles de gravedad el volumen integra la teoría y la investigación psicodinámicas con los hallazgos derivados de la cognición social el apego la mentalización y la neurobiología

la obra recoge el fruto de la experiencia profesional del autor con más de treinta años de ejercicio como psicoterapeuta formador y supervisor en psicoterapia se apuesta en el texto por la construcción de un formato de intervención clínica para el ejercicio de la psicoterapia individual desde una perspectiva sistémica integradora a este fin el autor describe en primer lugar aquellas situaciones de dolor y sufrimiento preferentemente abordables el encuadre más adecuado para el óptimo desarrollo del trabajo clínico y las indicaciones que recomiendan la realización de una psicoterapia individual bajo este enfoque en segundo lugar se establecen y desarrollan los ejes primordiales y medulares de la intervención psicoterapéutica para en último lugar describir las técnicas y herramientas que pueden ser incorporadas en el quehacer de los profesionales de la psicoterapia cuando desarrollan atención clínica con formato individual en síntesis se pretende la incorporación pragmática de aportaciones que provienen desde los diferentes modelos y enfoques de la psicología clínica así como de las diferentes técnicas y herramientas implementadas en otros abordajes psicoterapéuticos con la certeza de que los profesionales que ejercen la psicoterapia individual puedan sentirse libres para integrar perspectivas y técnicas de forma ordenada y con el sustento teórico y técnico necesario al objeto de sumar elementos para mejorar la intervención en los procesos terapéuticos con sus pacientes

rastros y huellas en las fronteras de la psicoterapia sistémica es el fruto del trabajo clínico y formativo del autor esta obra está compuesta por la recopilación de las publicaciones que ha realizado entre los años 1996 y 2022 este primer volumen subtulado rastros refleja su activa participación en redes sociales reuniendo los posts publicados en la web durante los últimos tres años en estos posts se recogen lecturas párrafos extractados ideas y reflexiones en torno a muy diversos temas masculinidad y paternidad feminidad y maternidad la pareja ética y psicoterapia educación y crianza psicoterapia diagnóstico y medicalización entre otros estos rastros nos permiten conocer cómo el autor entiende la psicoterapia y la intervención psicosocial subrayando sus filias y fobias pueden verse reflejadas sus preferencias ya sea en torno al pensamiento filosófico ético o epistemológico ya sea en torno a la teoría o la praxis de la psicoterapia sus enojos su vehemente defensa de algunas posiciones o su justificado rechazo de otras es un espacio donde ha volcado sus reflexiones y profundizado en ellas donde ha revisado sus opiniones y por ende ha buscado nuevos horizontes con los que orientar su trabajo futuro a pesar de definirse como psicoterapeuta sistémico porque el marco sistémico relacional es el lugar donde dice sentirse más cómodo defiende que esta posición de comodidad conceptual no está reñida con su interés por transitar otros espacios donde confluyen inevitablemente ideas

diversas y planteamientos contradictorios de ahí que manifieste que le gusta cultivar una posición liminar habitar en zonas fronterizas porque son los lugares donde se facilita el surgimiento y mantenimiento de posiciones críticas antitéticas y desprejuiciadas son esas zonas de incertidumbre natural que en algunos momentos le inquietaron las que a la postre se convirtieron en el más fértil terreno donde cuestionar y romper concepciones y verdades establecidas dice el autor la ventaja de lo fronterizo consiste en hacernos vivir obligados a conciliar confluir e integrar distintos criterios distintas lenguas diferentes concepciones del mundo lo fértil está inscrito en la obligada interconexión en la inevitable integración de las diferencias por esto los rastros a las que se refiere el título han surgido en las fronteras de la psicoterapia sistémica en los límites conceptuales entre diferentes abordajes terapéuticos entre lo sistémico y el psicoanálisis presentes en muchos de sus textos nos permite habitar un espacio de confluencias entre lo social lo filosófico lo antropológico y lo psicológico amplificando nuestro pensamiento y nuestra mirada permitiéndonos abandonar terrenos caducos e invitándonos al riesgo de experimentar la incertidumbre natural que supone transitar espacios inciertos para así pensarnos de otras formas desde otros prismas en ese terreno de nadie y de todos donde surgen nuevas posibilidades otras visiones de lo que vivimos y de quienes somos

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